

The Noachide Laws

According to Talmud Bavli Sanhedrin 59a, the seven Noachide principles are:

(1) the directive to establish a judiciary, (2) the prohibition of blasphemy, (3) the prohibition of idolatry, (4) the prohibition of adultery and incest, (5) the prohibition of murder, (6) the prohibition of theft, and (7) the prohibition of consuming the flesh of a limb torn from a living creature.

Their derivation as quoted in the above source:

From where are these seven things derived? Said Rabbi Yochanan: the text states that "God Lord commanded the earthling saying: you may surely eat from all of the trees of the garden..." ([Bereishit 2:16](#)).

The words "(He) commanded" refer to providing for a judiciary, as the verse states: "I know him that he will command his descendants and his household after him to observe the ways of God and to do that which is righteous and just..." ([Bereishit 18:19](#)).

The word "God" refers to the prohibition of blasphemy, as the verse states: "He that blasphemes the name of God shall surely be put to death" ([Vayikra 24:16](#)).

The word "Lord" ("*Elohim*") refers to the prohibition of idolatry, as the verse states: "You shall not have other gods ("*elohim*") before Me..." ([Shemot 20:2](#)).

The words "the earthling" ("*haAdam*") refer to the prohibition of murder, as the verse states: "He that sheds the blood of a person ("*haadam*") shall have his own blood shed by other people..." ([Bereishit 9:7](#)).

The word "saying" refers to the prohibition of adultery and incest, as the verse states: "Saying: behold if a man sends forth his wife and she becomes married to another man, shall she then return to her first husband? Shall not that land become defiled?" ([Yirmiyahu 3:1](#)).

The words "from all of the trees of the garden" imply the prohibition of theft.

The words "you shall surely eat" refer to the prohibition of eating a limb torn from a living creature.